



CHILDREN'S GYM EQUIPMENT

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Children's Outdoor Gym Equipment

Our outdoor fitness equipment for children range is just the solution. It provides hours of both fun and exercise for our nation's children.

When used as part of a full outdoor gym, our Children's Outdoor Fitness Equipment can provide a full body workout. This will also help to improve balance, co-ordination and flexibility. Making it the perfect way to aid physical development.

The health and fitness levels of our children is always at the forefront of our minds. With a yearly increase in obesity statistics, it is important now more than ever that we focus on getting our younger generation moving.

Our range of both single and multi-user fitness equipment for children is the perfect way to promote a love of exercise. That's not to mention both the social and communication benefits too.

We ensure that all of our multi-user outdoor gym equipment has independent moving parts. This allows children to set their own pace, even when working out with a friend. Therefore, helping to make our Children's Outdoor Fitness Equipment as safe as we can.

This outdoor gym equipment is great both for KS1 and KS2 aged children. Making it the perfect way to enhance any school playground.



001

MOTIV8 Multi Gym



Suitable for up to 8 users, our Children's Motiv8 is designed to maximise the 'fun' factor utilising our 2 of each of our most popular pieces of equipment for key stage 1 & 2 users. Based purely on cardio vascular exercise, you'll only see happy faces working out on this multi gym.users



002

ACTIV8 Multi-Gym



The Children's Activ8 Multi-Gym is our first multi gym in our range designed to increase social interaction across the playground, increase the fun factor for outdoor exercise and reduce the space that is required to fit outside gym equipment.



003

INTEGR8 Multi Gym



Our Integr8 multi gym is designed to increase the fun value of exercise while bringing the social groups of the playground together at the same time. Using our top 4 popular pieces for children and including 2 wheelchair friendly stations, everybody can benefit from this exciting outdoor exercise equipment.



004

Spacesaver Multi Gym



Our Spacesaver Multi Gym includes 2 Slalom Skiers, a Sky Stepper and a Horse Rider all combined into one multi gym to maximise the social interaction of the users while reducing the footprint required to install the gym. It's a great piece either alone or as part of a larger gym.



005

Energise Multi Gym



Our Energise Multi Gym designed as a mini gym, comprises our our two most popular pieces the Double Health Walker and the Double Slalom Skier for a great fun and social exercise.



006

Double Health Walker



Our most popular piece of equipment, the Double Health Walker allows children to enjoy walking in a non-competitive environment.



007

Double Slalom Skier



The Double Slalom Skier is a smaller version of our highly popular Slalom Skier for adults, on which up to two users can exercise both their lower body and their core muscles.



008

Sky Stepper



One of our most popular pieces of children's fitness equipment, this outdoor cross trainer is a smaller version of our Sky Stepper for adults.



009

Horse Rider



Bring even more fun to the playground with this great horse riding simulator.



010

Arm & Pedal Bike



The Arm & Pedal Bicycle is ideal for a light workout or warm-up, helping children to build confidence in their fitness and ability.



011

Rower



A rowing machine is a well known piece of fitness equipment loved by gym goers and home fitness enthusiasts. We've now brought this fun activity to children's playgrounds across the UK!



012

Double Sit Up Bench



Encourage a bit of friendly competition with our Double Sit-Up Benches whilst encouraging safe exercise techniques in the outdoor play area.



013

Waist Twister



The Children's Waist Twister is a great piece of equipment for social interaction allowing 3 users to exercise independently at the same time.



014

Double Strength Challenger



Encourage a little 'arm wrestling' competition in the playground with our Double Strength Challenger.



015

Tai Chi Disks



Our Tai Chi Discs are based around an ancient martial art. Designed to increase flexibility in the arms and shoulders these fun spinners also improve coordination and mental agility.



016

Leg Stretch



Make sure children get into the habit of warming up and cooling down before and after exercise with our Children's Leg Stretch.



017

Double Sky Stepper



Similar to an outdoor cross trainer, it replicates a running motion with users moving their arms and legs in tandem. Working the upper and lower body, the Sky Stepper offers an effective cardiovascular routine that burns calories without putting stress on the joints. Ideal for primary schools.



018

Combi Sky Stepper & Horse Rider



Combining a children's Sky Stepper and a Horse Rider in one unit, offers two very different exercises for a true whole body workout.

This multi-gym piece of equipment encourages social interaction between users and is great for space saving.



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